

COMMUNITY IMPACT REPORT

A Member of Trinity Health

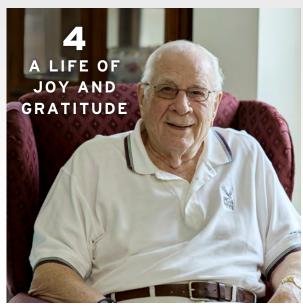
# Changing lives TOGETHER



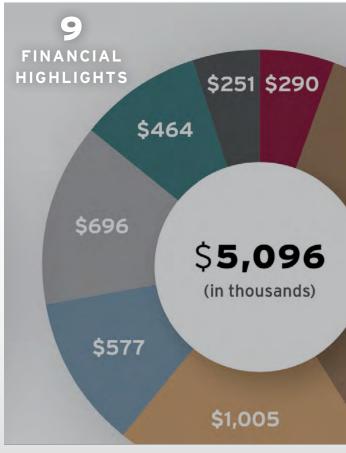
2022

# What's INSIDE

















Dear Friends,

As we look back on 2022, there are many reasons to feel grateful. As a trusted health partner, the Mount Carmel Foundation realized meaningful change for our community members — particularly among the poor and underserved populations — through the funding of programs that serve them, as well as our patients, colleagues, and clinicians. Thank you for your steadfast support of our mission to make this possible. We are Changing Lives Together.

As a testament to the continued commitment and generosity of our donors, the two-year Our Legacy of Learning campaign raised more than \$3 million to support the Mount Carmel College of Nursing. Those generous gifts are already being put to good use, funding student scholarships, faculty research and technology innovation.

This year, we bid a fond farewell to two beloved and exceptional leaders who transformed the Mount Carmel College of Nursing and Mount Carmel Health System, Dr. Ann Schiele and Kathy Espy. The legacies of these two dedicated leaders, and the outstanding nursing education and diversity they championed, will live on in future generations of nursing students.

We are grateful for our dedicated Mount Carmel Foundation Board of Trustees and their efforts to elevate our collective work to eliminate racism. As a result of many meaningful discussions, we've adopted a program investment framework with new metrics, including anti-racism and health equity. The Board is providing funding for new Mount Carmel colleague resource groups to help accelerate the impact of this work. The Foundation has also launched an initiative centered around engaging local grassroots nonprofits to explore partnership opportunities to advance health equity.

Inside this year's annual report, you'll find stories that embody the unique spirit of Mount Carmel and reflect the advancements we're making to realize our mission. The touching stories of Bob Eesley and The Calhoon Family shine a spotlight on the exceptional, compassionate care of our nurses, physicians and clinicians, and the gratitude that extends from our patients and their families.

On behalf of the Mount Carmel family, thank you for your ongoing support that fuels our ability to meet the critical healthcare needs of the Central Ohio community. Your generosity makes a difference in the lives of those we serve.

With Gratitude,

Deanna Stewart

President

Mount Carmel Foundation

/Ramon Jones

Board of Trustees Chair

Nationwide

# Changing lives TOGETHER

Mount Carmel's work to improve the health and well-being of our communities — especially the most vulnerable — is a hallmark of our Catholic identity. And thanks to donors like you, we've been able to invest millions in philanthropic dollars annually to support high-quality, compassionate people-centered healthcare for all.





**Nutrition plays a critical** role in maintaining well-being. Our patients and families facing food

insecurity are often unable to access healthy, fresh produce that helps them combat chronic illnesses like obesity and diabetes. In partnership with Mid-Ohio Food Collective, the Mount Carmel Foundation is piloting a Food "Farmacy" program. Our clinicians prescribed Food Cards to nearly 200 eligible patients, providing them with access to an integrated network of foodbanks to get weekly groceries including healthy produce. This new program is an extension of work Mount Carmel has been leading in this space, including training medical residents on the importance of food and nutrition as an integral part of clinical work. Mount Carmel also provides healthy cooking classes regularly to community members. In total Mount Carmel's commitment to "you are what you eat," reached 620 community members.



#### Racism is an urgent public health crisis.

To honor Mount Carmel's commitment to Social

Justice and equity, and to ensure that the dignity of each individual is respected and treated with care, the Foundation provides seed funding for innovative research on how to identify and address systematic inequality in healthcare and expand our ability to treat our patients equitably.









## 2022 COMMUNITY IMPACT



For many patients nearing end of life, the presence of loved ones is crucial to finding peace

in their final moments. In partnership with Mount Carmel Volunteer Services, the Mount Carmel Foundation supports the No One Dies Alone program, training and empowering volunteers to be a comfort and caring presence to patients as they pass away. Mount Carmel is committed to serving our patients at all stages of their life, and we are proud to support those who are vulnerable in their time of need.



The Foundation provided critical support for the Mount

**Carmel Crime and Trauma Assistance** Program (CTAP). The Foundation funds infrastructure for CTAP clinicians who are serving victims of crime and trauma within the greater Columbus area. CTAP serves more than 150 patients annually free of charge, and is strategically aligned with Community Health, Eliminate Racism, and expanding Mount Carmel's Catholic mission.



The Car Seat Safety program demonstrates Mount Carmel's commitment to serving

families and newborns, beyond childbirth. In partnership with the Car Seat Foundation, the Mount Carmel Foundation provides car seats and car seat safety education to more than 350 families annually as they take their precious newborns home, helping prevent injuries from improperly installed car seats.



The Foundation continued its longstanding support for **Mount Carmel Hospice** 

and Bereavement, covering otherwise unfunded aspects of Hospice care, providing bereavement services to nearly 4,000 families annually. Funding supports staff, program, and related expenses.





"The entire Mount Carmel cancer team provided me with exceptional care that has been successful, and I am grateful."

BOB EESLEY

# A LIFE OF joy and gratifude

The first thing people notice about Bob Eesley is his infectious laugh. Not only is it the defining characteristic of his warm personality. It's also an indication of how much he loves life and the people in it. At 93, the retired tax preparer and business owner is grateful to be able to enjoy each day. With four children, six grandchildren and six great-grandchildren, there's plenty to live for.

"I have faith in God that He has kept me here for a reason. I'm healthy, and I've been able to maintain my mobility," he said. Considering the health issues he's had to overcome, it's hard to imagine anyone with a more positive attitude.

#### **Gratitude for Mount Carmel**

In 2006, Bob noticed a bump on his upper arm. He didn't think much about it, but fortunately he had it removed and biopsied. The results revealed that Bob had a rare and aggressive form of skin cancer known as Merkel Cell Carcinoma (MCC), and the doctors gave him anywhere from 2 months to 2 years to live. Although most do not have good outcomes with Merkel Cell, 16 years have passed since that initial diagnosis. Bob has clearly defied the odds.

"The entire Mount Carmel cancer team provided me with exceptional care that has been successful, and I am grateful," he said. From 2006 to 2022, Bob underwent 20 procedures to remove the cancer, along with a host of radiation and chemotherapy treatments.

As an expression of his gratitude, Bob has generously given back to Mount Carmel. The Cancer Conference Room at Mount Carmel Grove City has been named in loving memory of his wife, Jean. "This was something to honor Jean, to support Mount Carmel coming into the Grove City community, and to remember the Eesley name," he said.

Bob also has made numerous financial gifts to the Mount Carmel Guardian Angel program, which honors caregivers for their kind and professional care. When hospitalized during the fall of 2021, Bob gave a gift to the Guardian Angel program in honor of "all the Bettys on the floor." With so many nurses coming and going, Bob found it challenging to remember all their names, so he decided to call them all Betty.

Bob's other experiences with Mount Carmel include three back surgeries, two prostate surgeries, and most recently, a broken ankle. "My experience with Mount Carmel has been good all the way around," he said.

## **Grove City for Life**

Bob is a dedicated, lifelong resident of Grove City. It's where he attended high school, met his wife and raised his family. He is similarly loyal to Mount Carmel, a relationship that began the day his father passed away in 1941. Happier memories are tied to three of his four children, who were born at Mount Carmel.

Bob has attended St. John's Evangelical Lutheran Church in Grove City his entire life, and he continues to live by this mantra: "If you have the faith, you will receive the grace." His deep faith shows in his abundant generosity. In addition to the many ways he's given back to Mount Carmel, he has also paid for the higher education of several young people in his church.

For those who know Bob well, it's no surprise that he does so much to spread joy to the people in the hospital and in the Grove City community. It's simply how he chooses to live his life.

# A guiding light FOR OTHERS

It's been almost five years since Adam and Kelly Calhoon lost their infant son, Noah.

Kelly was 12 weeks pregnant when they learned that Noah had a neural tube defect. They decided she would carry the baby to full term, and he lived for 25 hours. The care the family received from the labor and delivery nurses and other providers at Mount Carmel St. Ann's made their time with Noah special. Now Adam and Kelly are giving back to the staff as an expression of their gratitude.

The care started before Noah was even born. A care conference took place with a team of specialists, from labor and delivery to palliative care, bereavement and more. "That was really impactful for me. I realized and appreciated how dedicated everybody was to caring for him despite the fact that we all knew he wasn't going to survive very long," Kelly said.

# Care that goes above and beyond

Because Noah was delivered by Cesarean section, Kelly was in the hospital for three days. During that time, the nurses cared for Noah, Kelly, Adam, their 2-year-old daughter, and visiting family members. "They did so many things for us, from making mementos to providing books and resources for our entire family," Kelly said. "I can't stress enough how meaningful that was to us."

The maternity staff made a beaded bracelet with Noah's name on it. They provided a digital camera charged and loaded with a memory card so Kelly and Adam could take pictures of Noah, and they used the photos to create a small memory book. They made casts of Noah's hands and feet and a beautiful canvas that spells "love" using Noah's footprints for the "v" and their daughter's handprint for the "o." And they supplied a CuddleCot, a cooling system that's designed to keep an infant's body cool enough to stay in the room after they pass.

#### An expression of gratitude

Because Adam and Kelly were so moved by the support they received, they wanted to do something to show their gratitude. They initially gave a donation to the Mount Carmel Foundation's Guardian Angel program and specifically named three nurses they wished to honor.

Somehow that didn't seem like enough. So they asked the nurses what they needed. They learned that the mental health of nurses is often overlooked. They are busy doing their job and don't have much downtime, and there is no private place where they can take a breath and collect their thoughts after a heartbreaking incident occurs.

"Our situation was very positive. We knew what we were getting into, and we were just so grateful that we had any time with Noah. I can't imagine when there's an unexpected loss or complications. It's understandably very hard on the nurses."

- KELLY CALHOON

With that in mind, Adam and Kelly decided to provide a respite space for the maternity staff, to be located on the labor and delivery floor at St. Ann's. "We feel fortunate that we are in a position to do this and that the Mount Carmel Foundation agreed to take it on as a project," Kelly said.

"The pandemic shed a light on the fact that people in these roles are underappreciated," Adam said, adding that the outstanding care they received extended beyond the hospital to the people at Lifeline of Ohio who handled the organ procurement process. Several of Noah's tissues and organs were donated for medical research.

#### A shooting star

Today, Adam and Kelly think of a shooting star as their theme for Noah, based in large part on his ability to donate organs to help others and ultimately fulfill someone's wish for a cure. "His brief, fleeting existence resembles a beautiful shooting star. That's a pretty good representation of what Noah means to us," Adam explained. "Hopefully he is a wish-fulfiller and a guiding light for others. We appreciate the brief time we had with him."

## MOUNT CARMEL COLLEGE OF NURSING **OUR LEGACY OF LEARNING CAMPAIGN**

The conclusion of the successful two-year Our Legacy of Learning Campaign was celebrated on Thursday, September 8, 2022 at The Hilton Easton, just prior to the Annual Scholarship Awards and Donor Recognition Dinner. With an initial goal to raise \$1 million, the campaign raised more than \$3 million to strengthen, support, and sustain the Mount Carmel College of Nursing.

Through the generosity of donors, including alumni, corporations, charitable and community foundations, faculty members, leaders and community members, the campaign has already benefited the College in so many ways. Here are just a few of the campaign impacts to date:

- Nearly 400 students received the gift of education through student scholarships to help them afford their education and reduce their student debt.
- Seventy-eight students have been provided with assistance to meet financial emergencies, especially as the pandemic created new challenges for them.
- Nine faculty members have been supported to participate in research, conferences, and other professional development activities. Planning is underway to award additional faculty grants.
- New technology was deployed throughout the College to make learning anywhere accessible and ensure that every student has equal access to that technology.
- Support for Supplemental Instruction to help students with challenging coursework - has resulted in more than 2,000 connections with peer student tutors to date.

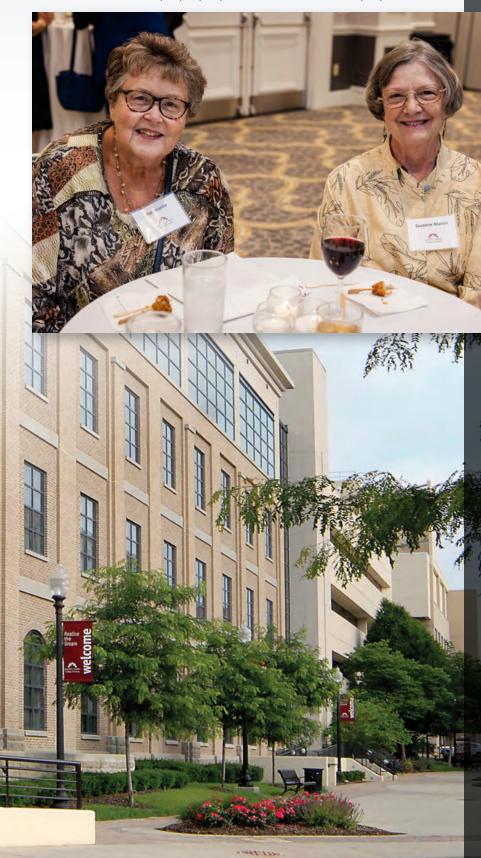
The late Dr. Ann Schiele – the longest-serving president of any college in Ohio – was the Chair of the Our Legacy of Learning Campaign. "Ann was a force of nature, an amazing leader, a once-in-a-lifetime advocate for nursing education," said Mount Carmel Foundation President Deanna Stewart. "She would be so pleased to know that our campaign raised more than three million dollars, and has already benefited hundreds of students, improved facilities and technology, and helped faculty members gain new knowledge through professional development and research opportunities."





Seated, from left: MCF Board Members David Frea and Lilleana Cavanaugh, Dr. John Cavanaugh, Lauren Walsh and Austin Carey. Standing, from left: Nadira Hajisulaiman, Sara Hope, David Hunt and Kristin Bailey.

From left: Pat Skunda '72, '10, '14, MS, RN and Suzanne Martin '66, JD, RN.



MCCN Scholarship Dinner Celebrates Students, Donors and the Legacies of Two Great Leaders

After three years of virtual scholarship celebrations, the Mount Carmel College of Nursing (MCCN) honored donors and scholars in person this year at the Annual Scholarship Awards and Donor Recognition Dinner. It was a wonderful evening that truly affirmed Mount Carmel's commitment to support extraordinary nursing students as they work to become the competent and compassionate health care professionals that our communities need and deserve.

In addition to connecting grateful students and donors, the event recognized two extraordinary and beloved leaders, Dr. Ann Schiele and Kathy Espy, who both left a lasting impact and legacy for the College, the Foundation, the health system and the greater community.

At this year's
Scholarship Celebration,
272 scholarships totaling
\$663,680 were awarded
to MCCN students.
Eighty-two percent of
the scholarship funds
came through the Mount
Carmel Foundation.

### DR. ANN SCHIELE Remembered as the "Heart and Soul" of MCCN



When Ann Schiele, PhD, RN, announced her retirement from Mount Carmel College of Nursing (MCCN) in 2014, The Columbus Dispatch published a story about her tenure that began, "As its first and only president, Ann Schiele really is the face, the heart and the soul of the Mount Carmel College of Nursina."

When Dr. Schiele passed away in July 2022, an untold number of colleagues, students, friends and acquaintances felt the loss of a one-of-a-kind leader, teacher, mentor and confidant.

Dr. Schiele's life was celebrated at the Annual Scholarship Awards and Donor Recognition Dinner. Mount Carmel Foundation President Deanna Stewart told scholarship recipients from the Ann E. Schiele Presidential Endowment Fund, "Ann would want you to know that your future is going to be filled with amazing opportunities to make the world a better place. She would challenge you to make the most of it all, keep learning and growing, know that you can overcome any obstacle, and be the best nurse you can be every day."

Dr. Schiele began her career at Mount Carmel West hospital in 1961 as a neurological nurse. Four years later, when a clinical instructor for the nursing school asked her to swap jobs, she discovered her passion for teaching.

Dr. Schiele became the first director of the Mount Carmel School of Nursing in 1966, and subsequently the President and Dean, serving as the institution's top administrator for 48 years.

In 2014, Dr. Schiele was honored at the Foundation's Champagne and Diamonds gala. Contributions for the Ann E. Schiele Presidential Endowment Fund totaled \$1.2 million.

In her retirement, Dr. Schiele continued to support the College in several ways including serving as the Chair of the Our Legacy of Learning fundraising campaign that raised more than \$3 million over the last two years. A tribute piece about Dr. Schiele will appear in the January 2023 issue of *The Lamp*, MCCN's alumni publication.



From left: Deanna Stewart, President, Mount Carmel Foundation, and Lorraine Lutton, President and CEO of Mount Carmel Health System, with banner of Dr. Ann Schiele.



## Honoring the Life and Work of KATHY ESPY

The Mount Carmel Foundation Board of Trustees and our entire health system lost an amazing leader early this year. Board member Kathy Espy, a pioneering advocate for diversity, equity and inclusion, passed away in January 2022.

Kathy began her relationship with Mount Carmel as a Mount Carmel College of Nursing (MCCN) Trustee – the first Black member of that leadership body. That began a successful and impactful 30-year career at MCCN and Mount Carmel Health System. She was soon recruited to serve as the College's Director of Minority Affairs and Community Initiatives. "In 1990, I decided we needed a leader to attract the diverse community of learners that we were striving for in the student body." said Dr. Ann Schiele. "It was one of the best decisions I made as president."

A "connector" by nature, Kathy built relationships for students, faculty and staff at the College, and for executives and colleagues at MCHS. Her empathy, wisdom and sense of humor made her a beloved mentor to many and a cherished colleague.

After retiring from Mount Carmel in 2020, Kathy continued to serve as a member of the Foundation Board of Trustees where "her amazing body of knowledge, experience and insights were invaluable to current diversity, equity, and inclusion efforts," said Mount Carmel Foundation President Deanna Stewart.

"Keeping Kathy's legacy at the forefront of Mount Carmel is important," said Stewart. "The exceptional diversity of MCCN's student population today is, in large part, due to Kathy's leadership."

At the MCCN Spring Commencement, Kathy was posthumously conferred an Honorary Doctorate of Humane Letters, and the College awarded the first annual Kathy Espy Humanitarian

The Mount Carmel Foundation established the Kathy Espy Memorial Scholarship Endowment with a \$100,000 gift to honor her memory. These awards will keep her valuable work and amazing legacy alive in years to come. Kathy is profiled in the Summer 2022 issue of *The Lamp*, www.mccn.edu.

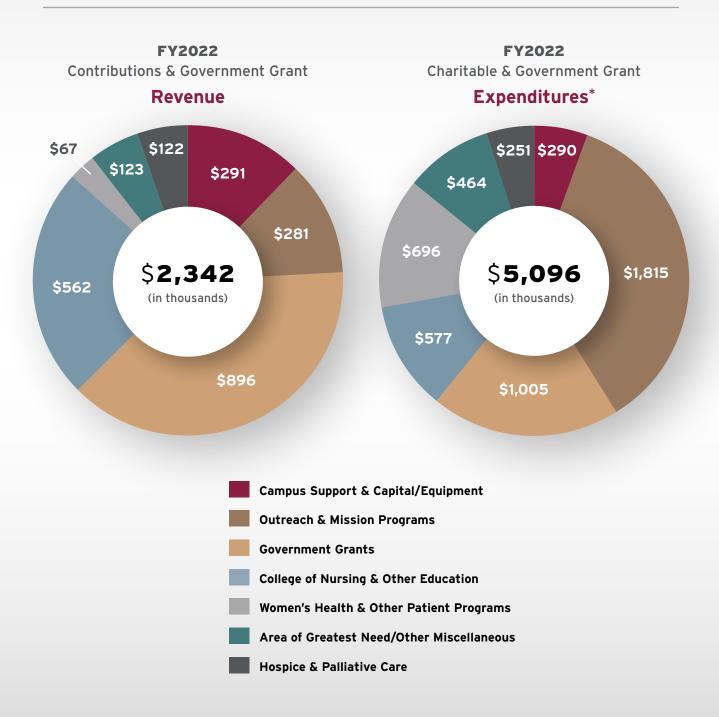


From left: Franklyn Duffy, Rosanna Duffy, Dr. Amy Espy-Smith, Kendall Bell and Beth Espy with banner of Kathy Espy.

# FY2022 Highlights

FISCAL YEAR ENDED JUNE 30, 2022 — unaudited

The generous support of our donors has never before been more needed or appreciated. Thank you for helping us heal body, mind and spirit in the communities we serve.



<sup>\*</sup>Programs are funded through donor gifts, grants and endowment earnings.

## 2022

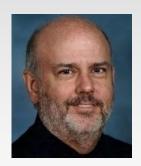
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We serve together in the spirit of the Gospel as a transformative and healing presence within our communities.

Please remember the Mount Carmel Foundation in your will.



A Member of Trinity Health